

# Co-Active® Coaching Fundamentals



Whether you are a new career seeker, an executive leader who wants to bring out the best in others or simply looking to improve the relationships with the people important to you, CTI's Co-Active® Coaching Fundamentals will transform your outlook on human potential.

During the 2.5-day workshop, you will experience a transformative, hands-on introduction to the skills and techniques of Co-Active® Coaching. The emphasis on small group training and the Co-Leader approach will provide ample opportunity for personalized feedback and guidance from our experienced trainers.

## OUTCOMES

- Use the Co-Active® Coaching model to enhance your communication.
- Learn to design effective relationship alliances with others.
- Distinguish and use three levels of listening to deepen your relationships.
- Understand how to use powerful questions to take your conversations to another level.
- Discover who you are at your most compelling.

## Why CTI?

Over 50% of new coaches each year are trained by CTI

50,000 people from over 100 countries trained to date

Accredited by the International Coach Federation (ICF)

CTI has provided coach training for half the Fortune 100

Available at over 40 venues in 18 countries

CTI offers the gold standard of coach training. The Co-Active® model stands up to scientific scrutiny and is congruent with positive psychology.

— Institute of Coaching at McLean Hospital,  
a Harvard Medical School Affiliate